Sangita Muqsood was 16 when she and her husband began working at the brick kiln on the outskirts of Lahore after a landowner threw them out of their home. For 14 years, she and her family have worked in the kiln attempting to pay off interest on a loan from the kiln owner. Sangita took out a succession of repeated loans to pay for midwives. Her weekly pay is 1,100 rupees, around half of which is docked and given to the owner. Labour conditions are also dangerous, with Sangita attesting to a culture of sexual violence and threats, physical and emotional abuse and hazards including asthma, reproductive problems and hepatitis.

With the help of a human rights activist from the Bonded Labour Liberation Front, Sangita has been learning arithmetic, reading and writing and developing skills such as embroidery and collective bargaining.